Prevention is a simple step

Regione del Veneto

Servizio Socio Sanitario Regionale
In Universum Salus

VIVO BENE VENETO
Piano Regionale Prevenzione del Veneto

Breast cancer screening

What is it?

It is a free breast cancer screening programme that supports you from the moment you accept your invitation through to diagnosis and, if needed, treatment of any abnormality found.

The entire screening pathway is covered by the Regional Health Service. You do not need a doctor's referral.

Who is it for?

Women aged 45 to 74 who are resident or domiciled in the Veneto region

How often?

Every two years, with an X-ray examination called a mammogram.

How does it work?

The mammogram takes just a few minutes.
The pressure on your breast may feel a little uncomfortable, but it only lasts a moment.
Two radiologists review the images independently.
Look out for any symptoms that develop between screening appointments, such as a lump, breast pain, nipple discharge or a change in the shape of your breast.
Tell your GP if you notice any of these; do not wait for your next screening invitation.

The screening pathway

- You will receive an invitation by post and in your Electronic Health Record.
- You can also change your appointment through your Electronic Health Record.
- ***If your mammogram shows no abnormalities,*** you will receive a letter from your local health authority (ULSS). You will receive your next screening invitation two years later.
- ***If your mammogram shows something that needs checking***, your local health authority (ULSS) will contact you and invite you for further tests

An abnormal mammogram result does not mean you have cancer. It means further tests are needed. That's why it's important to have any further tests you are offered.

Why have a mammogram?

Screening can detect breast cancer when it is still small. Finding it early can make treatment easier, reduce its impact and improve the chances of recovery.

TAKING PART IN CANCER SCREENING IS A SIMPLE STEP

FOR MORE INFORMATION AND TO REQUEST AN APPOINTMENT:

Contact your local health authority (ULSS) through the **regional website**

Or visit your Electronic Health Record

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Colorectal cancer screening

What is it?

It is a free programme to help prevent bowel (colorectal) cancer. The colon is the part of the bowel that stools pass through. The colon leads to the rectum, which opens to the outside of the body through the anus. Growths called polyps can develop in this part of the bowel. Over time, they may grow and develop into cancer. The screening programme supports you from the moment you accept your invitation through to diagnosis and, if needed, treatment of any abnormality found.

The entire screening pathway is covered by the Regional Health Service.
You do not need a doctor's referral.

Who is it for?

Women and men aged 50 to 74 who are resident or domiciled in the Veneto region.

How often?

Every two years, with a test that checks a stool sample for traces of blood too small to see with the naked eye

How does it work?

The test checks for hidden blood in your stools. Take your invitation to a participating pharmacy listed in the letter and collect a sample tube. Collect a small stool sample at home and return the sample tube to the pharmacy.

The screening pathway

You will receive an invitation by post and in your Electronic Health Record.

If your test result is negative, your local health authority (ULSS) will notify you. You will receive another invitation when your next screening is due.

If your test result is positive, your local health authority (ULSS) will contact you and invite you for a further examination: a colonoscopy performed under sedation.

A positive test result does not mean you have cancer or a precancerous abnormality. It means further tests are needed. That's why it's important to have any further tests you are offered

Why have colorectal cancer screening?

Screening can detect abnormal changes before they develop into cancer, or find cancers while they are still small. Finding them early can make treatment easier, reduce its impact and improve the chances of recovery.

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Cervical cancer screening

What is it?

It is a free programme to help prevent cervical cancer. The cervix is the lower part of the womb that connects it to the vagina. Cervical cancer is caused by human papillomavirus (HPV), a very common virus spread through sexual contact. An HPV vaccine is offered to girls and boys at age 12. It helps prevent HPV infection and cancers caused by the virus. The screening programme supports you from the moment you accept your invitation through to diagnosis and, if needed, treatment of any abnormality found.

The entire screening pathway is covered by the Regional Health Service.
You do not need a doctor's referral.

Who is it for?

Women aged 25 to 64 who are resident or domiciled in the Veneto region.

How often?

Ages 25–29: every 3 years with a Pap test.

Ages 30–64: every 5 years with an HPV test.

Women vaccinated against HPV by the age of 15 begin screening at 30 because their risk of cervical cancer is very low.

How does it work?

Taking a sample from the cervix takes only a few minutes. It is usually painless, though it may feel a little uncomfortable.

The test is not carried out during your period. If your period falls on the day of your appointment, call your local health authority (ULSS) to rearrange it.

The screening pathway

- You will receive an invitation by post and in your Electronic Health Record.
- You can also change your appointment through your Electronic Health Record
- ***If your test result is negative,*** your local health authority (ULSS) will notify you. You will receive another invitation when your next screening is due.
- ***If your test result is positive,*** your local health authority (ULSS) will contact you and invite you for further tests: a gynaecological examination with colposcopy. If your HPV test is positive but the Pap test on the same sample is negative, you will be offered another HPV test in one year.

Why have a pap test?

Screening can detect abnormal changes before they develop into cancer, or find cancers while they are still small. Finding them early can make treatment easier, reduce its impact and improve the chances of recovery.

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